



## LIVING BY THE SPIRIT

HIGHLAND Church of God

Pastor Mark McCord

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*"...And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide **a way out** so that you can endure it."*

--1 Corinthians 10:13

*"So I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want."*

--Galatians 5:16-17

- WHAT YOU \_\_\_\_\_ GROWS.
- WHAT YOU \_\_\_\_\_ DIES.

## OVERCOMING THE APPETITES OF THE FLESH

- **DEPEND ON THE \_\_\_\_\_ OF THE HOLY SPIRIT.**

*“...You have no obligation to do what your sinful nature urges you to do. <sup>13</sup> For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.” --Romans 8:12-13 NLT*

**I admit that I’m powerless over \_\_\_\_\_.**

**I believe that the power of the Spirit of God will heal me and make me whole.**

- **FOLLOW THE \_\_\_\_\_ OF THE HOLY SPIRIT.**

*“Those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> Since we live by the Spirit, let us keep in step with the Spirit.” --Galatians 5:24-25*

- **Take note of every time you sense the Holy Spirit prompting you.**