



HELP, I'M OUT OF CONTROL!

HIGHLAND Church of God

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"I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. ¹⁸... I want to do what is right, but I can't. ¹⁹I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. ... ²⁴Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?" --Romans 7:15, 18-19, 24 NLT

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- Discipline is choosing what you want _____ over what you want _____.
- Desires don't determine who you become. _____ determine who you become.
- Willpower doesn't work.

“Oh, what a miserable person I am!”

-- Romans 7:24 NLT

I'm Bad

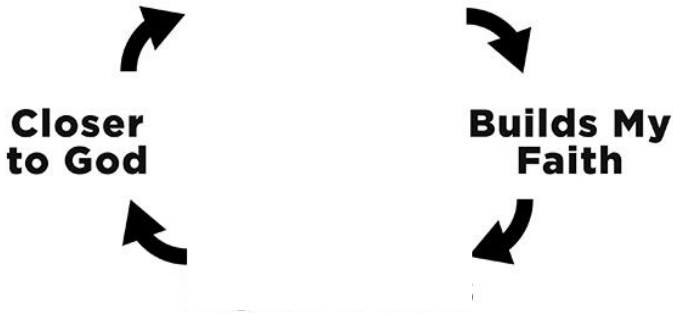


“Who will free me from this life that is dominated by sin and death? ²⁵Thank God! The answer is in Jesus Christ our Lord.” --Romans 7:24-25 NLT

“So I say, walk by the Spirit, and you will not gratify the desires of the flesh.” --Galatians 5:16 NIV

- ***peripateo***—continuous regular action, habitual way of life

I Belong to Jesus



“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.” --Galatians 5:22-23 ESV